

DFGSM2 Free Ride Gas supply – Check your levels – Facts & Figures

1. Slide

Anaemia: facts and figures (1998)

- *Standard rate* - in women: 12-16 g/dl
- in men: 13-17 g/dl
- *Anaemia to be assessed and treated if Hb < 11g/dl*
- *Standard rate of serum ferritin* < 200-500 mg/l
< 2.5% hypochrome red blood cells
- *EPO dose:*
 - onset of treatment: 50-150 IU/kg a week with 3 injections a week
 - follow-up treatment: < 125 IU/kg a week with 2 injections a week

2. Speaking manuscript

- *The standard rate for haemoglobin ranges from 12 to 16 g/l in women, from 13 to 17 g/l in men.*
- *Anaemia should be assessed and treated if Hb <11 g/dl on a regular basis.*
- *The rate of serum ferritin should not exceed 200-500 mg/l with less than 2.5% hypochrome red blood cells.*
- *The EPO dose should range between 50-150 IU/kg a week with 3 injections a week at the onset of treatment, and be under 125 IU/kg a week with 2 injections a week as follow-up treatment.*